



# Robert Frost Elementary

## Parent Newsletter

December 2017

### Hello Robert Frost Families!

It is hard to believe that winter is almost here! Inclement weather could cause delaying the start time of school, no school, or could cause us to close early. If we close early, we will follow the plan you wrote on the “Early School Closure” form – keeping a copy of this for yourself is always a good idea. Inclement weather announcements will be made through our auto phone calling system, as well as the district website and news outlets. If you have any questions about inclement weather, please contact us. I hope you’ll all join me in a little snow dance this winter!

*Leslie Roache*

Principal



Early School

Closure Form

These forms were handed out at the beginning of the school year. If your information has changed or, if there has

been a change as to where your child is to go in the event of an early school closure, then please fill out a new “Early School Closure Form”. A form has been attached to this newsletter for your convenience.

### Christmas in the Garden!

Support Robert Frost Elementary when you attend Oregon Garden’s Christmas in the Garden event this year!

The Oregon Garden will donate a portion of their profits to Robert Frost the evening of Wednesday, December 6<sup>th</sup>, from 5-8pm and Saturday December 23 from noon-4pm.

Thank you for your support of Robert Frost and the Oregon Garden!!



### **A Word from Our Counselor...**

During guidance classes in third grade we have learned about the skills of identifying others' feelings, accepting differences, and showing compassion. In January we will be learning about how to recognize and prevent bullying at our school. In fourth and fifth grade we have been learning about understanding complex feelings, other's perspectives and joining in with activities and learning. Just like the 3<sup>rd</sup> graders we will be talking about how to recognize and respond to bullying. Our goal is to prevent bullying at our school.

There are currently small groups in all grades that are working on the skills of emotional management and regulating feelings. These groups use The Zones of Regulation curriculum. There are also small groups being formed in all grades for helping students in a variety of other topics and ways.

. Please call or email Mr. Elliott if you have questions or want more information.

[Elliott\\_bruce@silverfalls.k12.or.us](mailto:Elliott_bruce@silverfalls.k12.or.us)

(503) 873-5301



### **Immunizations**

**Dear Parents/Guardians,**

**Immunization review and reports are sent in January to County Health departments as required by law.**

**Please make sure your student is up to date on their school required immunizations.**

**Roxanne Ellingboe RN  
Robert Frost School Nurse**





## December Happenings in Silverton!



### Santa Mouse Holiday Bazaar!!

Saturday, December 2nd

9:30 am - 4:00 pm

SILVERTON HIGH SCHOOL

100+ Vendors

This is a fundraiser for Special  
Needs Class of SHS



### Ice Skate at the Oregon Garden!

November 24th - December 31st

\$1 from every Ice Skating Admission goes to the school of the night!

Your can support Robert Frost on  
December 6th

from 5:00 pm - 8:00 pm



**Silverton Chamber of Commerce and  
Silverton Together Invite you to join  
them for the 24th Annual “Celebrate  
Families” Holiday Festival**

**Saturday, December 9th**

**1:00 pm - 4:00 pm**

**Silverton Community Center**

***This is a FREE event!***

**For more information call**

**Silverton Together**

**(503) 873-0405**

### 40th Annual Christmas Festival

at Silver Falls

December 9th

10:00 am - 4:00 pm

Located in the Day-use area of  
Silver Falls State Park

Listen to live music while making a gingerbread house, cards and ornaments. Make a wreath from fresh greens. See how the park changes in the winter!

Cost is \$5 per vehicle day use fee

If you have any questions please contact

Lou Nelson - (503) 581-4155

## Easy Snack Options for Classrooms

SFSD follows a policy regarding Foods of Minimal Nutritional Value. Please **do not** send sugary treats for classroom parties/birthdays, etc.

Please **do** send pretzels, apples, cheese cubes, veggies, etc.

Please see the list below for more classroom snack options.

Whole Grain Dry Cereal (without nuts): Life, Oh's, Kix

Pretzels

Popcorn

Whole Grain Chips

Whole Grain Crackers

Vegetable Chips

Fruit Crips

Graham Crackers

Cheese Crackers

Goldfish- any flavor

Rice Cakes

Hummus dip

Guacamole dip

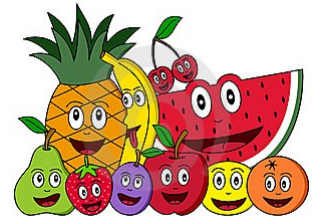
Peanut Butter Alternatives: Sunflower seed butter, Soy butter

Cheese Sticks

Gogurt

Squeezeable Fruit

Fresh Fruit (apples, bananas, melon, grapes, mango, berries, cherries, plums)



### Communication:

Like us on Facebook!

Manage your emails/phone calls/text messages with Intouch Edulink!

Check out our website!

### Upcoming Important Dates

December 5 - PTC Meeting

December 18 - January 1 NO SCHOOL

January 8 - Early Release

January 15 - NO SCHOOL

January 29 - Early Release



## Robert Frost Nut Management Process

This process applies to all products containing peanuts or tree nuts and foods manufactured on equipment or in a factory that processes peanuts or tree nuts. Since manufacturers change how they make food regularly, labels have to be read with each package.

### Classroom Procedures for Consumption of Nuts and Nut Products:

All Classrooms located in the 300 Mezzanine are a Restricted Nut Zone will have a special morning procedure:

Every morning a review will be done of what students have in their lunches. If they contain nut products, the lunches need to be taken to the office where the students will go for lunch or students can choose to trade out nut products for a school lunch.

The 100 Mezzanine classrooms and 200 Mezzanine classrooms are Nut Awareness Zones and follow these procedures at snack and/or lunch times:

All food items containing nut products must be eaten at a designated table closest to the classroom sink.

During snack and lunchtime close the classroom door while the product(s) are being consumed.

Students are not allowed to trade food.

After consumption thoroughly wipe down tables with provided wipes.

Students need to thoroughly wash hands.

All wrappers should be placed in garbage and the garbage bag cinched up.

Nuts are **not** allowed in common areas (these are Nut Restricted Zones):

Library

Mezzanine Area

Gym

Music Room

Recess Areas

Office Lobby

Bus Lines

Nuts or nut products are allowed in the Staff Lounge with the following guidelines (Nut Awareness Zone):

Close door while nut products are being consumed.

After eating wipe the table with provided wipes.

Place all wrappings in garbage.

Wash hands thoroughly.

ROBERT FROST ELEMENTARY  
EARLY SCHOOL CLOSURE PLAN

Due to inclement weather or power outages we may need to close school early.  
Please fill out this form and return it to your child's homeroom teacher as soon as possible.

**If you are making more than one selection, please number your choices in the order of importance.**

My Child \_\_\_\_\_  
is to follow this plan should it be necessary to close school early  
Teacher: \_\_\_\_\_

\_\_\_\_\_ Walk home and can get into the house.

\_\_\_\_\_ Walk home and stay with \_\_\_\_\_

Their Phone: \_\_\_\_\_ and address: \_\_\_\_\_

\_\_\_\_\_ Walk to regular baby-sitter

\_\_\_\_\_ Will be picked up by: \_\_\_\_\_ \*\*

(Every attempt should be made to pick up your child on time)

**\*\*We encourage car pooling**

\_\_\_\_\_ Take the bus home and get into the house (normal bus riders only)

\_\_\_\_\_ Take the bus home and stay with \_\_\_\_\_

\_\_\_\_\_ Take the bus to day-care \_\_\_\_\_

(Name of Day-Care Provider)

\_\_\_\_\_ Other alternate plan

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\_\_\_\_\_  
(Parent/Guardian Signature)

\_\_\_\_\_  
(Date)

Child's address: \_\_\_\_\_

Parent/Guardian **daytime** phone # \_\_\_\_\_ Alternate Phone # \_\_\_\_\_